

Maya Was Grumpy

THE HAPPY-SAD MASK: A SMILE IS A FROWN, UPSIDE DOWN

The unusual mask on the next page can be happy or sad.

Print the mask (onto stiff paper, if possible), then color or decorate it.

Add hair – curly or straight. But don't cover up the lines on the face.

Turn it upside down to see the hair turn into a beard.

Decide if you want to decorate some more.

When you finish decorating, carefully cut around the outside of your mask.

Have a grownup help you cut out the eyes and punch a little hole in each ear.

Cut a piece of elastic string long enough to go around the back of your head.

Thread each end of the elastic into an ear hole, fit the mask on your head, and tie a large knot at each end, so the string won't fall out.

Wear the mask so you look happy – then list some things that make you happy.

Remove the mask, flip it upside down, and wear it so you look sad – then list some things that make you sad.



